



Glas

30-Mile Menu

At Glas we believe passionately in bringing our community into our kitchen. We are proud to bring you this 30-mile menu where every ingredient is sourced in County Clare not more than 30 miles 'as the crow flies' from our hotel.

Suppliers

Foraged ingredients from Thalli Foods, whole lobster & crab from Michael O'Connell of Doolin, wild game from gourmet game, Seafood by CS Fish in Doonbeg, organic vegetables from Moy Hill & Nolan's Farm, oysters from Flaggy Shore, potatoes by Annie & Ronan Nolan, cheese from Aillwee, St. Tola & Cratloe Hill, herbs from our polytunnel.

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Starters

Doolin Crab Claws

€19

Michael O'Connell's crab claws, white wine, garlic, dill oil

2, 7, 12

Burren Beef Carpaccio

€16

Shaved Ballyvaughan beef fillet, horseradish cream, rocket from Moyhill, aged St. Tola.

7

Flaggy Shore Oysters

€9

Shallot & raspberry vinaigrette

1, 3, 7

St. Tola's goat cheese curd & beetroot

€12

Mizuna leaf, pickled beets, swede & watercress

7, 10, 12

Galway Bay Mussels

€15

Lunasa chorizo broth, warm focaccia

9, 12, 14

1. Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery
10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide and Sulphites 13. Lupin 14. Molluscs





Mains

Kilshanny lamb chops | mint paste | lamb jus | charred baby courgette €30

9, 12

Burren sirloin steak | green peppercorn sauce €37

7, 9, 10, 12

Aran monkfish on the bone | nduja vin blanc €29

1, 4, 7, 9, 12

Pan fried black sole, beurre noisette, baby caper €38.50

2, 7

Braised celeriac steak, chestnut mushroom, sage jus €18

9

All mains served with Moyhill tenderstem broccoli & Nolan's new potatoes.

7

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Desserts

Apple pie | crème anglaise

€10

1, 3, 7

Bread & butter pudding | homemade ice-cream

€10

1, 3, 7

Vegan chocolate mousse | raspberry sorbet

€10

6, 8

Clare cheese plate | crackers | chutney

€14

(1) 7, 8, 9, 10, 12

Tiramisu

€10

1, 3, 6, 7, 12

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